



## **AZ Hand Health, PC**

### **Post Op instructions**

- 1) Leave the dressings intact, clean and dry unless instructed by Dr. Miller otherwise.
- 2) Keep the affected hand/wrist elevated on two pillows.
- 3) Do not use the affected hand for any lifting or exercise except moving the fingers as instructed.
- 4) Please call the office for a follow up appointment: 480-686-8412. Dr. Miller will want to see you within \_\_\_\_ days after surgery.
- 5) If you see any sign of infection, worse pain, redness, or unusual drainage please call the office.
- 6) Please call the office if any questions.

-Steven Miller, MD FACS SOTH

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